



SEPTEMBER NEWSLETTER 2026

A new month of learning, laughter and special moments

Welcome to our BrightKidz community!

A very warm welcome to all our new and returning families. We are delighted to begin another exciting year together and look forward to a wonderful September filled with learning, laughter and new experiences.

★ A Proud BrightKidz Achievement

We are delighted to share that BrightKidz Preschool has been awarded the Healthy Early Years London Bronze Award by the Mayor of London, recognising our commitment to children's health and wellbeing. Thank you to our families and team for your continued support!

Welcome to Our Team

A warm BrightKidz welcome to Mrs Martina Murphy, an experienced educator with more than 15 years' experience. We are delighted to have her join our team and look forward to all she will bring to our children.



September Celebrations & Visits

10 September

Roald Dahl Day

Children will celebrate Roald Dahl Day through Fantastic Mr Fox role-play and storytelling, followed by a projector screening of Fantastic Mr Fox. The activities will encourage imagination, communication, creativity, confidence and teamwork.

11 September

Rosh Hashanah

Children will explore Rosh Hashanah through stories and creative activities, including an appropriate age introduction to apples and honey, developing awareness and respect for different traditions.

15 September

World Afro Day

Children will celebrate different hair textures, hairstyles and identities through stories and creative activities, promoting self-confidence, inclusion and respect for diversity.

22 September

World Gratitude Day

Police officers will visit BrightKidz. Children will learn about their role in the community, explore simple safety skills and show their gratitude through thank-you cards and drawings.

29 September

World Heart Day

A nutritionist will visit BrightKidz and help the children to learn about keeping their hearts healthy through fruit and vegetables, drinking water, healthy food choices and physical activity.



Books of the Month

Main Room

- Week 1: We're Going on a Bear Hunt & Fantastic Mr Fox
- Week 2: Hair Love by Matthew A. Cherry
- Weeks 3-4: Little Red Riding Hood & Have You Filled a Bucket Today?

Baby Room

- Week 1: Peekaboo
- Week 2: Sleepy Baby
- Weeks 3-4: Snuggle Up, Sleepy Ones

Weekly Sessions & Parent Information

Helpful reminders and routines for the month ahead



Weekly Special Sessions

Monday: Mindful Minis

Tuesday: Wiggle & Giggle

Tuesday afternoon: Makaton (sign language)

Wednesday: Storyland Adventures

Thursday: Show & tell

Thursday afternoon: Heart Beats Aerobics

Friday: Finger Gym & German Class

Parent Partnership

Parents are warmly invited to volunteer for art, storytelling, cooking or food activities. If you would like to get involved, please speak to Ms Karuna or Ms Megha.

Thank you for working in partnership with us to support the children's learning and experiences.

Important Reminders

- Please label all belongings and any items brought from home.
- Please inform us promptly of any allergy or dietary changes.
- Check the Ovivio parent app regularly for updates.
- There is no need to provide bedding or sheets; the nursery will provide everything your child needs for sleep.

Water Bottle Guidance



8-12 months
150-200 ml

Please send a labelled, leak-proof, BPA-free PPSU plastic water bottle suitable for your child's age.

For health and safety reasons, steel and glass bottles are strictly prohibited.

The bottle photographs shown are the requested styles for the two age groups.



Over 12 months
250-300 ml (8-10 oz)

Thank you for being such an important part of our BrightKidz community.